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Website WOC: [www.worldorthopaedicconcern.org](http://www.worldorthopaedicconcern.org)

Linked with: [www.worldortho.com](http://www.worldortho.com) (Australasia) [www.wocuk.org](http://www.wocuk.org) (UK)

*This Newsletter is circulated through the internet, and through all WOC Regional Secretaries in the hope that they will be able to download and distribute it to those "concerned" who may not be connected through the "Net."*

*It is addressed to all interested in orthopaedic surgery, particularly those who work in areas of the world with great need, and very limited resources*

### **WOC Newsletter**

The World Orthopaedic Concern Newsletter has not been distributed for some time as the previous editor Dr Mike Laurence has been unwell for a while and been unable to continue.

Since September this year, I have been entrusted with the duty of reviving the international newsletter. Dr Mike Laurence was my mentor in WOC and SICOT and involved me in various activities and academic programs of these great organisations. It is a privilege and great responsibility to step into his giant shoes.

To run the newsletter, it is necessary to get articles describing the activities and contributions from our members from around the world. We plan to distribute the newsletter 4-6 times a year depending on the responses of our readers and participants. My email/mobile/WhatsApp numbers are at the top of the email so that you can contact me quickly and easily. I am based in Calcutta, India.

I am sending reports from various colleagues from around the world

### **Report 1 -from Dr Alaa Ahmad, Secretary General WOC**

1- Completing the volunteering form that will be distributed to all SICOT members to have data of the members who would like to volunteer in WOC activities.

We are creating a platform of the SICOT members who are interested in participating in activities abroad.

We have sent letters (and have had a response) to doctors who want to participate. We have listed their sub-specialty interests and the geographical region they prefer to serve. This is an on-going process.

2- Updating the WOC international web page through collaboration with the PICA (Palestine International Cooperation Agency) that will give an update free of charge.

We had signed an agreement with the PICA that they will update the web page and continue adding any further activities in the future. This all will be done for free.

3- WOC international collaborated with PICA, the Afghan Orthopaedic Society and Orthopaedic Surgeons in Pakistan and India to implement the Ponseti accelerated technique (one week).

The Afghan Orth. association and consultants from Karachi, Pakistan are interested to apply the one-week Ponseti technique in their countries after listening to the presentations during the WOC participation in the OASAC meeting in Tashkent

This program will be supervised by Dr. Deven Taneja who is the WOC president

4- WOC international is collaborating with the PICA and Mozambique Orthopaedic society to implement a 3-year Paediatric Orthopaedic Program in Maputo. This is part of the COSECSA program that will be run by Dr. Mathew (Maputo Central Hospital) and Alaa Ahmad (WOC secretary-general and Head of Paediatric Spine program in PICA).

This program needs to be evaluated and approved by the COSECSA board which is in processing.

5- WOC international participated in the OASAC 2019 activities that were held in Tashkent in Uzbekistan. We had a WOC session that we had

participations from OASAC representatives, the club foot program was approved with the WOC president leading this program.

6- Arranged financial coverage for 6 weeks of training in India for an Orthopaedic surgeon, Dr Hope from Rwanda. He will be training 3 weeks in Indore and 3 weeks in Ahmedabad. The WOC will support accommodation and food during his training.

7- Planning for a Paediatric spine program in Managua- Nicaragua. This process will begin in January 2020 with 82 credit hours approved by the MOH and the national university.

It consists of training through visiting every 3 months to do Paediatric spine cases and train local doctors about the pre-op / post op. management for children with spine deformities.

Also, there will be lectures given through Skype for the Orthopaedic residents during their 6 months Paediatric Orthopaedic training

### **Report 2- from Dr MN Basu Mallick, Calcutta, India**

AOTS has been at the forefront of education in Orthopaedic Trauma in Eastern India for the past 4 years. Each year they run a series of workshops and symposiums intended to improve decision making and management of Orthopaedic Trauma. In accordance, long sessions are dedicated to discussion of problem cases and complications.

This year, it included three new trauma modules on the upper limb:

- 2-hour sessions of interactive case-based symposiums.
- Six live surgeries covering shoulder, elbow and wrist.
- An awards section which brought to the podium various innovations in trauma care philosophy from among junior Orthopaedic surgeons.

All the three sessions were extremely well received by the 200 delegates attending the meet.

Next year, the association plans to build on this platform and also include implantology sections.

### **Report 3 from Dr Vaibhav Bagaria**

**(SICOT India – SORC 2019 6 – 8<sup>th</sup> Sept 2019)**

The 5<sup>th</sup> Specialty Orthopaedic Review Course – SORC 2019 was held between 6 - 8th Sept 2019 at Sir HN Reliance Foundation Hospital, Mumbai, India. This annual event jointly conducted by SICOT India and Dept. Of Orthopaedics of the Sir HN Reliance Foundation Hospital, Mumbai was attended by 210 Delegates and faculties from not only India but also from overseas countries like Egypt, Malaysia, Lebanon, Jordan and Bahrain.

International and national faculty from SICOT made special efforts with some travelling halfway across globe to be a part of the course. A total of 54 Didactic lectures from the eminent faculties were delivered. The course was divided into various modules and modelled on lines of Dip SICOT exam and DNB exams conducted by National Board of Exams, India. The last day of 3 days was knee specialty day where in apart from the basic teaching for resident, fellows, more complex clinical scenarios and surgical nuance were discussed threadbare by experts.

Two workshops and 2 live surgeries was something that all delegates appreciated. The 1st workshop was a joint one conducted by Indian Journal of Orthopaedics & SICOT India and focused on scientific writing. All aspects of writing paper beginning from writing to abstracts to drawing illustration, use of technology for improvisation, statistic and referencing was covered. The speakers all acclaimed clinicians and researchers interacted with students and gave them first hand tips and tricks of publishing.

The product workshop on HTO & UKR on saw bone model gave the delegates an opportunity to practice their instrumentation skills in presence of experts in the field. The workstations were arranged in adequate number so that all the delegates had an ample opportunity to practice and hone their skills. Despite being the last event of a packed 3-day scientific program, all the stations were completely occupied, and session ran beyond the stipulated time.

This was the first time in 5 years since inception of SORC that a live surgery was relayed to delegates in the conference hall. 2 UKR surgeries were transmitted live and an interactive discussion between the operating team and delegates ensured that all the fine detail and surgical complexities were covered in a comprehensive fashion. The live surgery that was a part of knee day was followed by an entertaining debate session where various controversial aspects related to joint replacement including Outpatient TKR/ Bilateral vs. single stage/ Constitutional Varus and role of robotics was discussed with a dash of humour.

Apart from the packed academic schedule, the delegates and faculty enjoyed an evening that made them drift to a non-orthopaedic life arena. A specially designed 3D session on Design Deliberate and Deploy saw three speakers talking on aspects relevant to day-to-day life of every surgeon. Their talk on subjects of training, winning and intuitive intelligence stirred the imagination and opened doors to Collaborate, Innovate & Excel – the theme of SICOT India. The involvement of SICOT faculty was greatly appreciated by all and their eternal involvement with program was solicited. The organizing team under stewardship of Dr Ashok Johari – the president elect for SICOT

& Dr Vaibhav Bagaria – President and ND of SICOT India expressed their gratitude to SICOT Intl. for their support not only for this annual program but also allowing them to host the first Dip SICOT Exam (outside the World congress) prior to this Specialty Orthopaedic Review Course.



SICOT Diploma Examiners in Mumbai with the organizers of SORC

#### **Report 4 from Dr Arindam Banerjee Revival of WOC- Indian chapter**

During the SICOT Diploma examination at Mumbai (5/9/19) a decision was taken to revive the Indian chapter of the WOC.

A new committee was constituted under the guidance of Dr D Taneja, President WOC international. The committee was as follows:

*Chief Patron* – Dr D Taneja

*Patrons* –

Dr Ashok Johari (President-Elect SICOT Intl.)

Dr S Rajasekaran (Past President SICOT Intl and WOC Intl)

*President*-Dr Satish Goyal

*Secretary General*- Dr Arindam Banerjee

*Treasurer* –Dr Ananda Kisor Pal

*Joint Secretary*- Dr Debabrata Kumar

Members-

- Ranjit Baruah (Assam)
- Rahul Katta (Rajasthan)
- Nirmal Mohapatra (Orissa)
- Dr Vaibhav Bagaria (Ex- Officio as SICOT India President)

This group has been meeting regularly and keeping in touch with the parent body of WOC. Among the important functions it has performed are:

- Conducting a WOC India session during IOACON, Kolkata
- A membership drive
- Registration and bank account opening
- Planning for humanitarian projects in the future
- Conduction of A PG course on Jan18-19 at Kolkata along with the West Bengal Orthopaedic Association
- Planning to bid for a Global Congress at Kolkata in 2021



WOC India meeting in Progress during IOACON Kolkata



President & Secretary General of WOC Intl interacting with WOC India members during IOACON Kolkata

### **Nomination for TKS Gold Medal for year 2020**

Nominations are invited for the prestigious TKS Gold Medal, which is awarded every year on global search to any Eminent Orthopaedic Surgeon who has made significant contribution in LMICs. The nominations can be self or by anybody else. The nomination has to be within 250 words, highlighting the work, benefit to the Society, duration of the work, please also enclose brief biodata. This award will be given in Budapest. The earlier recipients are 2015-Deven Taneja, India, 2016-Mike Laurence, UK, 2017-Alain Patel, France, 2018-Paul Rollison, UK, 2019-Claude Martin, Switzerland. Last date for nomination is **31<sup>st</sup> January 2020**. Nomination to be sent to Deven Taneja, President-WOC (Int.) on his email id [deventaneja@gmail.com](mailto:deventaneja@gmail.com) with a copy to Dr. Alaa, Secretary General-WOC (Int.), email id - [alaaahmad@hotmail.com](mailto:alaaahmad@hotmail.com)

**Conclusion:**

We plan to make WOC an active, interactive and hardworking organisation. We look forward to lots of exchanges of information and ideas from around the world. We must remember that we are the humanitarian arm of SICOT and need to reach out to the world orthopaedic communities, especially in areas that are under-resourced.

Arindam Banerjee.

Kolkata, India.