

SICOT India – SORC 2019 6 – 8th Sept 2019

The 5th Specialty Orthopaedic Review Course – SORC 2019 was held between 6 - 8th Sept 2019 at Sir HN Reliance Foundation Hospital, Mumbai, India. This annual event jointly conducted by SICOT India and Dept. Of Orthopaedics of the Sir HN Reliance Foundation Hospital, Mumbai was attended by 210 Delegates and faculties from not only India but also from overseas countries like Egypt, Malaysia, Lebanon, Jordan and Bahrain. International and national faculty from SICOT made special efforts with some travelling halfway across globe to be a part of the course. A total of 54 Didactic lectures from the eminent faculties were delivered. The course was divided into various modules and modelled on lines of Dip SICOT exam and DNB exams conducted by National Board of Exams, India. The last day of 3 days was knee specialty day where in apart from the basic teaching for resident, fellows, more complex clinical scenarios and surgical nuance were discussed threadbare by experts.

Two workshops and 2 live surgeries was something that all delegates appreciated. The 1st workshop was a joint one conducted by Indian Journal of Orthopaedics & SICOT India and focused on scientific writing. All aspects of writing paper beginning from writing to abstracts to drawing illustration, use of technology for improvisation, statistic and referencing was covered. The speakers all acclaimed clinicians and researchers interacted with students and gave them first hand tips and tricks of publishing.

The product workshop on HTO & UKR on saw bone model gave the delegates an opportunity to practice their instrumentation skills in presence of experts in the field. The workstations were arranged in adequate number so that all the delegates had an ample opportunity to practice and hone their skills. Despite being the last event of a packed 3-day scientific program, all the stations were completely occupied, and session ran beyond the stipulated time.

This was the first time in 5 years since inception of SORC that a live surgery was relayed to delegates in the conference hall. 2 UKR surgeries were transmitted live and an interactive discussion between the operating team and delegates ensured that all the fine detail and surgical complexities were covered in a comprehensive fashion. The live surgery that was a part of knee day was followed by an entertaining debate session where various controversial aspects related to joint replacement including Outpatient TKR/ Bilateral vs. single stage/ Constitutional Varus and role of robotics was discussed with a dash of humour.

Apart from the packed academic schedule, the delegates and faculty enjoyed an evening that made them drift to a non-orthopaedic life arena. A specially

designed 3D session on Design Deliberate and Deploy saw three speakers talking on aspects relevant to day-to-day life of every surgeon. Their talk on subjects of training, winning and intuitive intelligence stirred the imagination and opened doors to Collaborate, Innovate & Excel – the theme of SICOT India. The involvement of SICOT faculty was greatly appreciated by all and their eternal involvement with program was solicited. The organizing team under stewardship of Dr Ashok Johari – the president elect for SICOT & Dr Vaibhav Bagaria – President and ND of SICOT India expressed their gratitude to SICOT Intl. for their support not only for this annual program but also allowing them to host the first Dip SICOT Exam (outside the World congress) prior to this Specialty Orthopaedic Review Course.



SICOT Diploma Examiners in Mumbai with the organizers of SORC